

# 15<sup>th</sup> Annual Keith Nintzel Memorial 5k

June 8th, 2019 9:00 am

Common Ground, Candee Avenue  
Sayville, New York



In 2004, Keith Nintzel was involved in a fatal car accident while returning to his senior year at Binghamton University after spending Thanksgiving with his family. In his honor, a scholarship fund was created at Sayville High School for graduating seniors. This race is an attempt to fund this scholarship in future years and create a lasting tribute to Keith's memory.

**Register online at:** [www.justregister.net](http://www.justregister.net)  
 • First 400 entries are guaranteed a Brooks Tech race shirt.

**Fee:** 5K: \$30 if postmarked by June 2  
 \$35 day of race.  
 \*\*\* \$20 if registering for All Five (5) Sayville Summer Series races.  
 at [sayvillesummerseries.com](http://sayvillesummerseries.com)

**Awards:** Top three finishers for 10 and Under, then 5 year age groups to 85+.

\*\*\* New for 2019: Kids Fun Run - \$10 \*\*\*

Course records are engraved in stone at the Common Ground. Break the record and we'll inscribe your name.  
Current Records:  
 Men: Dan Connelly - 14:37  
 Women: Christine Eisenberg - 17:10

**Packet Pick-Up** June 7th, from 12-6 at:  
**Sayville Running Company** 49 Main Street Sayville, NY 11782  
**Family T-Shirt Sponsor Opportunity** donate an extra \$100 to have your family listed as a sponsor on the back of the race shirt.



## Keith Nintzel Memorial 5K Run/Walk Application

(please PRINT clearly)

**Name:** \_\_\_\_\_ **Sex:** \_\_\_ **Age (Day of Race):** \_\_\_\_\_  
**Email Address:** \_\_\_\_\_ **Phone:** (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_  
**T-Shirt Size (XS,S,M,L,XL,XXL):** \_\_\_\_\_

(Please Circle)

**Division:** 5K Run | Non-Competitive Walk | Wheelchair Division

**Family T-Shirt Sponsor?** \_\_\_ (Check here) Donate an extra \$100 and get your family name on the shirt.

**Family Name:** \_\_\_\_\_

Please make checks payable to: **Keith Nintzel Memorial Run**

Please return completed registration and payment to:

**Keith Nintzel Memorial Run, 49 Main Street Sayville, NY 11782 c/o Sayville Running Company**

**WAIVER:** In consideration of my signing this agreement, I hereby for myself, heirs, and administrators assume any and all risks, which might be associated with the Keith Nintzel Memorial Run. I waive and release any and all rights and claims for damages, which I may have against the sponsors, organizers, Sayville Running Company, Keith R Nintzel Memorial Scholarship Fund, Just Finish Inc., Town of Islip, USATF and any others connected with this event, their representatives, successors, and assigns for any and all injuries or damages of any kind suffered by me as a result of taking part in the event and related activities.

**Signature:** \_\_\_\_\_ **Parent's Signature if Participant is Under 18:** \_\_\_\_\_